

Onderdeel	Opmerking	Dag	Begin	Eind	Wie
Pilates		Ma	08.30	09.30	Brigitte
Pilates		Ma	09.45	10.45	Brigitte
Pilates		Ma	11.00	12.00	Brigitte
Pilates		Ma	18.30	19.30	Brigitte
Body & Mind		Ma	19.45	21.00	Brigitte
BodyPilates		Di	08.30	09.30	Brigitte
Pilates (beginners)		Di	09.45	10.45	Brigitte
BodyPilates	70+	Di	11.00	12.00	Brigitte
Pilates		Di	18.30	19.30	Mandy
Pilates		Di	19.35	20.35	Mandy
BodyShape		Wo	08.30	09.30	Brigitte
Pilates		Wo	09.45	10.45	Brigitte
Pilates (beginners)		Wo	11.00	12.00	Brigitte
BodyShape		Wo	19.00	20.00	Britt
Body Flow Yoga		Wo	20.15	21.15	Amy
Pilates	Heren	Do	08.45	09.45	Brigitte
Body & Mind		Do	10.00	11.15	Brigitte
BodyShape		Do	19.00	20.00	Linda
Pilates		Do	20.05	21.05	Brigitte
Pilates		Vr	08.45	09.45	Amy
Body Flow Yoga		Vr	10.00	11.00	Amy
BodyMix		Za	09.00	10.00	Amy

Betekenis kleuren

Pilates
BodyShape
Body & Mind
BodyPilates
Yoga
BodyMix

Brigitte
Britt
Mandy
Amy
Linda