

<u>Onderdeel</u>	<u>Opmerking</u>	<u>Dag</u>	<u>Begin</u>	<u>Eind</u>	<u>Wie</u>
Pilates		Ma	08.30	09.30	Brigitte
Pilates		Ma	09.45	10.45	Brigitte
Pilates		Ma	11.00	12.00	Brigitte
Pilates		Ma	18.30	19.30	Brigitte
Body & Mind		Ma	19.45	21.00	Brigitte
BodyPilates		Di	08.30	09.30	Brigitte
Pilates		Di	09.45	10.45	Brigitte
BodyPilates	65+	Di	11.00	12.00	Brigitte
Pilates		Di	18.30	19.30	Esther
Pilates		Di	19.45	20.45	Esther
BodyShape		Wo	08.30	09.30	Brigitte
Pilates		Wo	09.45	10.45	Brigitte
Pilates		Wo	11.00	12.00	Brigitte
BodyShape		Wo	19.00	20.00	Britt
Body Flow Yoga		Wo	20.30	21.30	Amy
Pilates	Heren	Do	08.45	09.45	Brigitte
Body & Mind		Do	10.00	11.15	Brigitte
Pilates		Do	18.00	19.00	Amy
BodyShape		Do	19.15	20.15	Linda
Pilates		Do	20.30	21.30	Amy
Pilates		Vr	08.45	09.45	Amy
Body Flow Yoga		Vr	10.00	11.00	Amy
BodyShape		Za	09.00	10.00	Britt

<u>Betekenis kleuren</u>
Pilates
BodyShape
Body & Mind
BodyPilates
Yoga
Brigitte
Britt
Esther
Amy
Linda